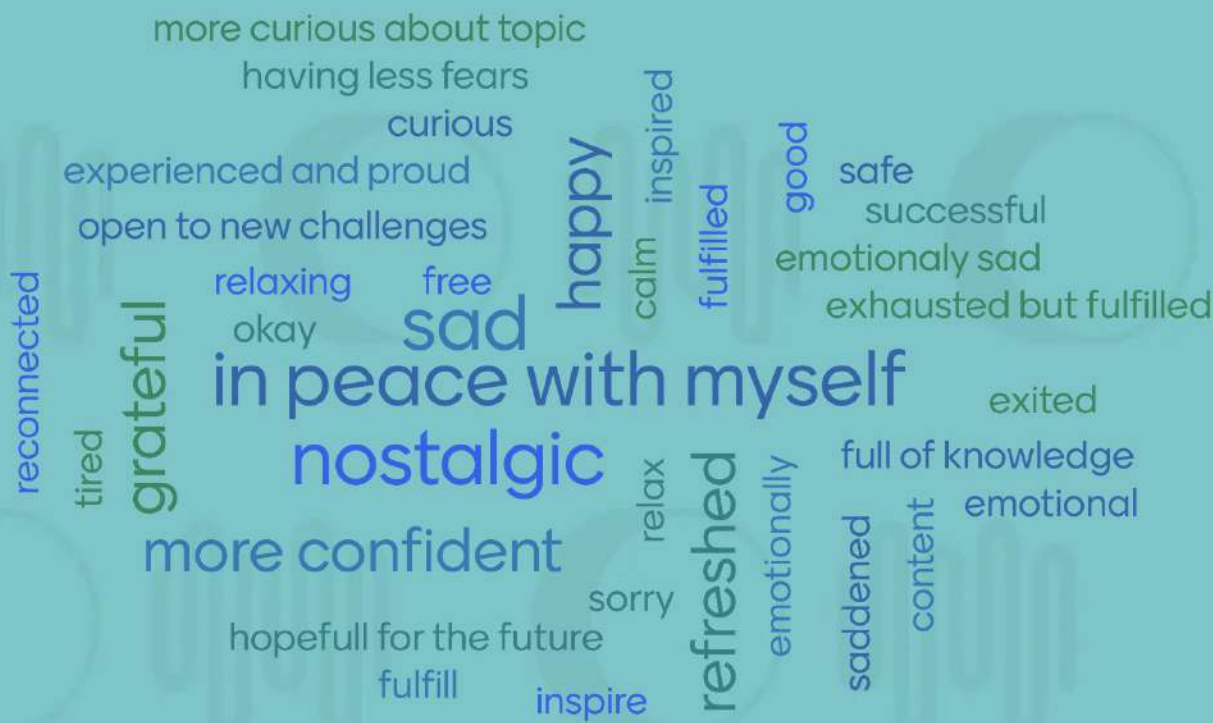


MINDSPACE EVALUATION

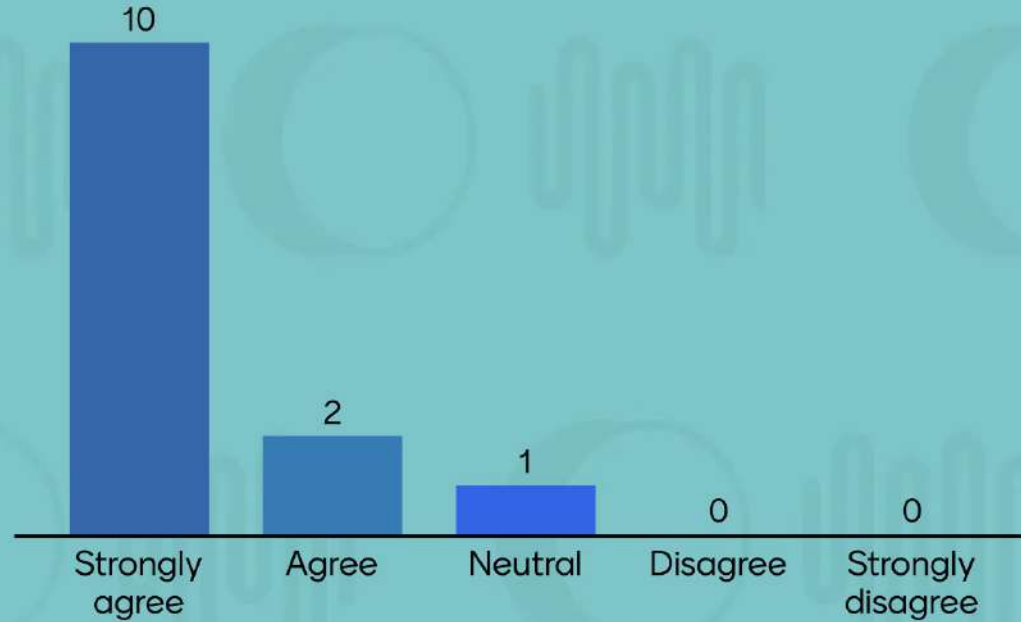


How do you feel after the closing of training?

46 responses



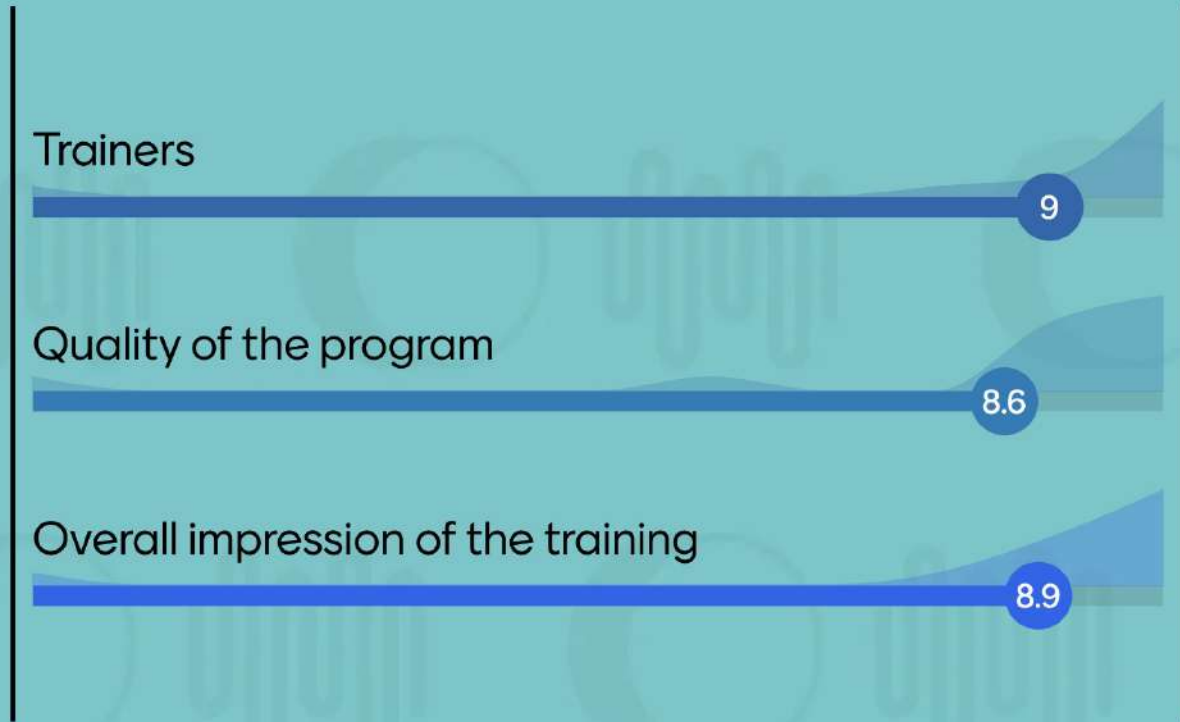
This training helped me improve my personal and trainer skills:



Please rate the following:



Please rate the following:



Next slide



What aspects of the training would you praise (say that were great)?

23 responses

The trainers, the workshops, the participants

Themes, the way it was represented, trainers, organisation

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Themes, the way it was represented, trainers, organisation

the overall atmosphere was really good, the people were understanding and kind, and it was an amazing learning experience. The communication was precise and timely.

Workshops that we did on our own, feeling the group needs and reacting to them, the topic that were covered

Working practical and in the group context Practice own trainer skills Space for sharing

Practice trainer skills Working with the

What aspects of the training would you praise (say that were great)?

23 responses

It was great the experiential learning process

You were great in all aspects, especially in trainers skills

Practice trainer skills
Working with the group
Learning through personal experience and with different methods

It felt natural, real, flowed in an organic way and provided intellectual, personal and interpersonal insights.

Also trainers were amazing! 🧐

communication between the trainers and others, safe space between all of us, teaching moment was impressive, very good concept of different techniques and themes in spite of mental health

All of it was so interesting and new it was not the training I expected but it's the one I got and I am happy to say

The equality between the trainers and the participants as well. That one was a FIRST. 🤔

What aspects of the training would you praise (say that were great)?

23 responses

All of it was so interesting and new it was not the training I expected but it's the one I got and I am happy to say that it was a very insightful one on a personal level and on a youth worker/facilitator

I loved it and every aspect of it and the fact that the trainers were so passionate about it made it even better the people were amazing and I would like to see more unconventional projects like this. Thank you.

a FIRST. 🤯

What I will emphasize is the way the coaches behaved and taught was excellent. Another thing I liked were the workshops and the way they were presented. Thank you for your time, information and attention.

Thank you for your attention, time and information.

Techniques and themes in spite of mental health.

In my opinion I think a lot of attention was paid to the participants of the project, the choice of partners was amazing. I also think that there was a good communication channel and a good atmosphere.

Good structure and dynamics of themes of mental health and dynamics.

What aspects of the training would you praise (say that were great)?

23 responses

I loved it and every aspect of it and the fact that the trainers were so passionate about it made it even better the ppl were amazing and i would like to see more unconventional projects like this tnx

Nice and funny, reflected trainers. The changes of active and more theoretical parts were good.

the workshops and the way they were presented. Thank you for your time, information and attent

Thank you for your attention, time and information

project, the choice of partners was amazing. I also think that there was a good communication channel and a good atmosphere

Good structure and dynamics of themes of mental health and dynamic of a group and supportive trainers

I would have also liked for the project to be a bit longer 😊💧

What aspects of the training would you improve?

14 responses

Maybe have a bit more free time, but overall it was really good.

Workshops a little bit cut and adopted to young people

Communication

Maby somewhat managing the session to have more free time

Maybe a more free time

Pointing out how important it is to think about the consequences of working with those methods on the topic of mental health

I would like to suggest extending the training over a longer period, or splitting the training into two parts and two different periods, perhaps with the same participants.

Nothing, it was great

/

Honesrly nothing. I'm mostly excited to see the finalized product and what you do in the future! As long as you

Honestly*

What aspects of the training would you improve?

14 responses

training over a longer period, or splitting the training into two parts and two different periods, perhaps with the same participants.

/

Maybe it could have been a bit longer but thats it it was awesome ❤️😊👍

Honesrly nothing. I'm mostly excited to see the finalized product and what you do in the future! As long as you keep its organic nature it'll be great.



/

Honestly*

More movement/maybe changing the learning room - have some exercices outside/in the park,.. One day, in the middle of the week, have some free time in the afternoon to get to know the foreign country.

Rate the difficulty of conducting the workshop on a scale of 1 to 10.



6.3

Rate the difficulty of conducting the workshop on a scale of 1 to 10.



4.6

To what extent was the workshop you conducted useful to you as workshop facilitators?

13 responses

It was very useful, and I will definitely apply what I have learned to future work.

It was very useful and good learning experience

I really learnt a lot and fixed many points. I will use everything I learnt in my future experience

Very useful and help a lot

It was fine, but the workshop was a long time.

It helped with my self-confidence as a facilitator and showed me how it's like to work in a team, which I hadn't done before. Also awakened my creativity a bit.

I had never worked with another person in a pair and it was a valuable experience to be able to go through that

For practising my skills , for preparing and going threw it. Trying to be creative and brave

very much, especially the coments that we get from the trainers, but also

To what extent was the workshop you conducted useful to you as workshop facilitators?

13 responses

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to work in a team, which I hadn't done before. Also awakened my creativity a bit.

very much, especially the comments that we get from the trainers, but also the whole experience was opportunity to learn in area of youth work and workshop facilitator

Mine was not that useful for me because of reasons but the feedback that i was given in all workshops was very useful tnx 🥰👍

Very useful... on personal emotinl and profesional level

It was good for my reflectoon and see what I can do on it to improve it

in a way of learning new tehniques in workshops

Additional comments and suggestions

13 responses

Maybe about trainig: to be untill 9-5pm and more time in the evening for the processes of the daythemes

good job 🏆

Thank you for being you and for creating this. It's obvious that it was made out of a place of love and care for your fellow humans. 😎 Hope to work with you at some point! 🍷

You can extend the project and have many more this kind of trainings

A longer project pls or a mindspace 2.0 🤝👉

meow

REUNION!!! 🔥🔥🔥

🔥🔥🔥 we are great Hope we will remember how personal and emotional the topic of mental health is and how huge our responsibility is while working with people. I go Strong out of this training 💪

New mwwting of the group after sometime

Mindfulness part 2

Next slide



Additional comments and suggestions

13 responses

for your fellow humans. 😊 Hope to work with you at some point! ❤️

REUNION!!! 🔥🔥🔥

Mindfulness part 2

Maybe the practicing work should be with the more intensive of teachers

It was fullfilled expirience, full of emotions and reflecton. Mental health is very important theme for the youth workers and this teach us many things. Thank you trainers

It was fullfilled expirience, full of emotions and reflecton. Mental health is very important theme for the youth workers and this teach us many things. Thank you trainers

Thank you SO much! 🥺 ✨

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